



The Causes and Effects of Crimes by a Psychopathic Prisoner Suffering from Narcissistic Personality Disorder and Terry's Struggle to Againts It in Sam Miller's Film, *No Good Deed*

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Violet, M.L., Ramadhina, R. and Priyoto (2024). The Causes and Effects of Crimes by a Psychopathic Prisoner Suffering from Narcissistic Personality Disorder and Terry's Struggle to Againts It in Sam Miller's Film, *No Good Deed*. *Journal of English Language and Literature*, 9(2), 421-428. doi: 10.37110/jell.v9i2.258

Received: 10-01-2023

Accepted: 15-02-2024

Published: 02-09-2024

Abstract: The objectives of this research are: (1.) To find out what is narcissistic personality disorder in the movie no good deed. (2.) To find out how Terry struggle against to save her life from Psychopathic Prisoners that has Narcissistic Personality Disorder. (3.) to analyse the causes and effect of the crimes committed by Colin who has Narcissistic Personality Disorder. This research was conducted using a qualitative method because the writer focuses on psychological understanding of the characters and social phenomena that occur in the film. This aims to gain a deep understanding, and develop the theories contained in the film. To achieve this objective, the writer uses two approaches, namely Psychological Approach and Sociological Approach.

Keywords: *Narcissistic personality disorder (NPD), Struggle, Psychopathic*

INTRODUCTION

Film and Literature are two different works of art. Where literature was a popular form of expression during the 18th and 19th centuries, film has replaced it in the 20th century and beyond. Although these two arts have certain connections and differences, they both share in common in bringing the reader or audience to a different world.

Literature is about what it means to be human, and to be human is to be acted upon by the society, the world, the universe, the time

and the eternity in which we live, and in which we imagine that we live (Woolf, 2005:22). Literature has been a way artistic expression for centuries now. Films have so far been doing the same thing for several years now. One major strong point in film that is not in literature, however is the advantage of visually presenting the entire image on the screen which helps the viewer to connect with the moment more closely.

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The literature mirrors and expresses life that is even more ambitious. It means that the literature comes up from the events that happen in the society. In literature, the author presents a work to deliver his/her ideas to the readers. Here, we can understand that every work has its own characteristics and authors' objective. It is obvious that the author's ideas in a work can be very influential to the readers' mindset. (1954:3)

According to Wellek and Warren in their book, *Theory of Literature*. From the above statement, it cannot be ignored that literature can also influence a person's thinking.

The influence of literature on society depends on the point of view from which they judge it, there are people who judge it badly and lead public opinion to hate the work of literature, but there are also those who are motivated or become better because of a work of literature. Literature takes its readers on a journey of imagination that is far from the real world, while films present an imaginative world in front of the audience and they don't have to press their minds too much to explore their imagination. They basically saw the film through the film maker's imagination. In other words, it can be said that literature is an art developed through writing, whereas film bring these writings to life through sound, music, and actors. Literature has all the hidden meanings in itself which are used to developed a film. Although the two are interdependent, they both need to be studied in order to fully understand the film based on a literature.

Although it can easily be said that the first step of a movie is literature. Because when a film is in the process of being made, the script, dialog and screenplay are produced to develop it. The production and technical aspects are secondary in the filmmaking process. Therefore, it would not be wrong to say that literature encourages people to turn to movies

The aim of a film should not be simply a copy of a literary work, but must have its own characteristics and techniques that are motivating enough for the audience to enjoy. Even though in its literary form many can say that it is in the form of a film scenario, it may not be right to see literary works in such a way. It has an impression of reality even in written form and once it appears on the silver screen it

enhances its quality to a greater degree than in written form.

Language is medium used in the method of human communication, either by voice or by writing or drawing pictures or by movement of physical parts of body, and the voice or physical expression writing letters/words form or pictures is used to communicate one person's feelings to another person. Writing language consist of the use of literary words in a structured and conventional way. Language is a psychological game. One can perceive a sentence in so many forms. Choosing the right word to represent is essential when penning down a literary work. Whether it is a novel or a drama or a short story or history of literature language will always form the backbone based on which the piece of art is created. Film has a purpose to give and to show the audiences about history, education and messages that the audiences they can get after watching the film itself. According Bowie & Arnheim, in their book *Film as Art*:

"Film communicates information and ideas and films show people places and ways of life. Film takes people thought the experiences, the experiences are often driven by stories with characters, a film might also develop an idea or to explore visual qualities or sound textures. In other words, a film takes people on a journey, offering a patterned experience that engages people's mind and emotions" (2006: 8) .

In general, films have several genders to inform the audience about the plot of the movie itself. in Durks' article called *Film Genres Overview* says "the term "genre" is a vague way to identify a movie because there are actually no definite boundaries and so many films today, evolve into multiple genres and subgenres" (2019:2). There are fiction, drama, psychology, thriller, history, fantasy, action, etc. In these films, there is one genre that is very interesting to the writer to be used as research, namely psychological films.

No Good Deed is a Psychological thriller film directed by Sam Miller. Director Sam Miller's film, *No Good Deed*, tells the story of a lawyer and housewife who fights an escaped psychopathic prisoner in which he suffers from a Narcissistic Personality Disorder (NPD). *No Good Deed* generally received negative reviews from critics. Despite negative critical acclaim,

the film was a box office success and received two image. No Good Deed nominations originally slated for release on 18 Octobre 2013. In January, Screen Gems announced that the film would be moving to open on 17 January. This date contradicts another Will Packer-produced film *Ride Along*. For this reason, in April 2013, the studio postponed the reales date of *No Good Deed* a second time to 25 April 2014. But again, in Octobre 2013 (and give no specific reason), Screen Gems for the third time pushed support. The film's release date is up to September 12,2014. Sony Pictures Releasing debuted as the first official trailer for the film on June 12,2014.

Narcissistic Personality Disorder in the film *No Good Deed* shows the typical traits that people with narcissistic personality disorder generally have. Colin Evans, the main character in the film, has a huge need to be recognized and considered superior by others. He always wants to be the center of attention and feels more important than others. Colin often feels that he deserves special treatment and seeks excessive recognition for his achievements.

In addition, Colin also exhibits a manipulative attitude and a tendency to put others down to maintain his sense of superiority. In this movie, he manipulates Terri's character by pretending to be a kind and helpful person, when in fact he only wants to use her for his gain. Colin has no sense of empathy or guilt when he hurts others to satisfy his own needs. Colin's narcissistic personality disorder in this film illustrates how dangerous a person who is obsessed with the need for recognition and superiority can be. He tends to ignore the feelings and needs of others and often feels that he is entitled to everything he wants. The film *No Good Deed* provides an interesting overview of the complexities of narcissistic personality disorder and its impact on social relationships. The character of Colin serves as a clear example of how Narcissistic Personality Disorder can affect the lives of those around him, including causing emotional and psychological damage. So, this film can be an interesting reference to understand more about Narcissistic Personality Disorder and how characters with the disorder can affect social interactions in everyday life.

The purpose of this research is that the audience or readers can understand the character in the film by using several approaches and theories such as the example of a psychological approach where in the film *NO GOOD DEED* there is a character who has a psychiatric disease, namely narcissistic personality disorder. By using a psychological approach readers can find out that Narcissistic Personality Disorder (NPD) is involves selves thinking and behavior patterns, a lack of empathy. Others often describe people with Narcissistic Personality Disorder as manipulative, selfish, and demanding. This way of thinking and behaving appears in every narcissist's life: from work and friendships to love and family relationships.

This study aims to answer the problems mention above. Through the process of watching, the writer can conclude and collect evidence to answer the problems. The writer then comes up with the conclusion that the best approach to analyze the problems will be Psychological and Sociological approach. Several other references such as books and the internet will be used to analyze Sam Miller's film.

The first objectives of the thesis is to provide the answer to the first problem which says "What is Collin's Narcissistic Personality Disorder (NPD) in *No Good Deed's* film which can affect the life around him?" . The writer analyzes that in a *No Good Deed's* film Narcissistic Personality Disorder (NPD) is involves selves thinking and behavior patterns, a lack of empathy. Others often describe people with Narcissistic Personality Disorder as manipulative, selfish, and demanding. This way of thinking and behaving appears in every narcissist's life: from work and friendships to love and family relationships. People with Narcissistic Personality Disorder are very resistant to changing their behavior, even when it causes problems for them. Their tendency is to blame others with trivial things. What's more, they are very sensitive and react badly to criticism, disagreement, or taking things lightly, which they perceive as personal attacks. For example, Terry said she did not want to do

something for Collin and Collin pointed his gun at Terry. For example in narcissistic life, it is often obligatory to avoid things that can make them cold and angry easily.

The second objective of this research is to provide the answer to the second problem which says "How did Terry fight against to save her life from Psychopathic Prisoners that has Narcissistic Personality Disorder (NPD)?" The writer analyzes that how do Terry fight against Collin who is suffering from Narcissistic Personality Disorder (NPD), just like us if we are in Terry's position, that is, if you start being cornered, there is no other way but to make him pass out or kill him. The second was by settling, hiding, avoiding it without a fight and escaping without cause him any injury.

The third objective of this research is to provide the answer to the third problem which says "what are the causes and effects of the crimes committed by Colin who has Narcissistic Personality Disorder (NPD)?" The writer uses psychological as the approach.

Psychological Approach

Psychology is a science that studies the relationship between humans and groups in their environment that is influenced by human behavior. Human relationships that are influenced by behaviors, attitudes, and decision-making stem from social psychology and can lead to destructive or constructive responses. According to John B. Watson, 1919:

"For the behaviorist school, psychology is the part of science that emphasizes human behavior, actions and speech, both learned and unlearned, as the subject matter."

So it can be concluded that psychology triggers behavior and habits in a person. every human being has a different mentality, mind, behavior. The approach of psychology if traced deeper, there will be many theories found and the author chooses several theories and approaches for his research, namely Repression, Behaviorism, and Narcissistic Personality Disorder.

Repression

In psychology, repression refers to an unconscious mechanism by which the mind prevents certain thoughts, memories, or feelings from entering consciousness. It is a defense mechanism proposed by Sigmund Freud to protect individuals from potentially distressing or harmful content. There are many things that can cause a person to repress such as Painful Breakups i.e. A person may not remember certain painful events from past relationships, even though they were very painful at the time. Or Unacceptable Desires i.e. A person may suppress feelings or desires that are considered inappropriate or unacceptable, such as certain sexual desires or aggressive urges and in this film, there are several scenes that show Colin's repression. According to the Kearns and Lee (2016, p. 366) wrote :

"Repression involves removing disturbing thoughts and feelings from consciousness, and relegating them to the unconscious. When you read about someone "blocking out" bad memories of child abuse, that is an example of repression."

The term is highly relevant to psychologists and therapists as it provides insight into the unconscious processes that influence a person's behavior, emotions, and mindset. Understanding repression allows researchers to dig deeper into the root cause of certain symptoms or behaviors in the person.

Behaviorism

Behaviorism is a learning theory based on the idea that all behavior is gained through conditioning, and conditioning occurs through interaction with the environment. Simply put, according to this line of thought, also known as behavioral psychology, behavior can be learned in a systematic and observable way regardless of internal mental states. Behavioral theories also says that only observable behaviors should be studied, as cognition, emotions, and moods are too subjective.

There are two types of behaviorism used to describe how behavior is formed. The first is



Methodological Behaviorism. Methodological behaviorism states that observable behavior must be studied scientifically and that mental states and cognitive processes do not add to the understanding of behavior. The second was Radical Behaviorism. Radical behaviorism is rooted in the theory that behavior can be understood by looking at a person's past and present environment and reinforcement in it, thus influencing behavior both positively and negatively (B. F. Skinner (1904-1990)).

In the film *No Good Deed*, there are several behaviorisms shown directly by Colin such as there is a scene where by looking at his behavior the reader can immediately know whether he is bad or good.

Narcissistic Personality Disorder

In this film, Colin, who as the antagonist, has a mental disorder, namely Narcissistic Personality Disorder. Narcissistic Personality Disorder (NPD) is a mental disorder that makes a person feel more important than others. According to the Bouizegarene N, Lecours S in *Psychoanalytic Psychology* :

“Results show that higher levels of NPD traits are associated with a higher frequency of shame, helplessness, admiration of self, anger turned against the self, and with lower levels of verbal elaboration of sadness. Results are mostly concordant with the literature, and give support to the idea that a focus on affective experience should enrich our understanding of narcissistic personality characteristics”

To realize their desires are seen as higher, those who have this mental disorder often commit negative or even dangerous actions. In addition to thirsting for praise, narcissistic personalities in people with NPD make them have low empathy for others. They also use their desire to always be judged as the best to cover up their uncertainty in themselves. It is important to remember that narcissistic personality is different from self-confidence. Self-confidence is obtained from achievement

or achievement, while narcissistic attitudes arise from fear of defeat competing with others. From some of the explanations above, people who have narcissistic disorder will tend to have the following characteristics: just want themselves to be the center of attention, they will feel angry if what they want is not realized, and can even commit crimes without feeling guilty.

Sociological Approach

The sociological approach to literature critically analyzes the social, political, and economic context in which a literary work is produced. But a sociological approach to literature also often entails analyzing how a work of literature reveals structural inequalities that are still relevant today. Theory advanced by the American criminologists *David Cressey, Gresham Sykes, and David Matza*, portrays the delinquent as an individual who subscribes generally to the morals of society but who is able to justify his own delinquent behaviour through a process of “neutralization,” whereby the behaviour is redefined to make it morally acceptable.

As is known, there are many kinds of theories or sociological approaches in various aspects. In analyzing this film, the writer uses the appropriate sociological theory of crime to answer and analyze the film. Sociological theories of crime attempt to interpret crimes through social conditions and explain deviant or criminal behaviors through the circumstances in which they occur. People get frustrated because they can't successfully achieve what they want, such as by getting what they want or achieving what they want to have. As a result, a 'tension' or tension develops between an end and the means to achieve it, generating social conditions characterized by the destruction of moral principles, guidelines or standards to which people generally aspire. Without these moral standards, people turn to evil to achieve their goals.

According to the Robert K. Merton, The theory of Anomie, suggests that criminality results from the inability of the perpetrator to achieve his goals in a socially acceptable way; Faced with this incompetence, individuals tend to move on to other goals, or to pursue the original objectives by unacceptable means.

In Sociology, Anomie is a social condition defined by an uprooting or breakdown of any moral values, standards or guidance for individuals to follow. Anomie is believed to possibly evolve from conflict of belief systems and causes breakdown of social bonds between an individual and the community.

METHOD

In this research, the writer uses qualitative methods and watching films as a direct source of data is one of the characteristics of qualitative research. According to the Lexy J. Moloeng, qualitative method is a research that intends to understand the phenomena experienced by research subjects. An example of qualitative method is a study of behavior, perceptions, motivation, and actions that are described in words and language in a natural context. Qualitative research methods use in-depth analysis techniques by examining the problems in the case one by one. The purpose of qualitative methods is not generalization but a deep understanding of a problem. The researchers must watch and focus on analyzing the film. Therefore, choosing the appropriate setting is important to note. In other words, this setting is compatible with the aims of this study.

The steps in analyzing a film are the first to download the film first and watch the film from beginning to end and don't miss any scenes in the film. the second step is to understand the content of approach in which the film relates to the Psychology of the film character, namely Narcissistic Personality Disorder.

FINDINGS AND DISCUSSION

Colin's Narcissistic Personality Disorder (NPD) in *No Good Deed's* film

Narcissistic Personality Disorder is a mental state in which it can explode or be uncontrolled at any time which can be caused by desires that cannot be fulfilled, and it can also be because the sufferer is not made the center of attention to the people around him. Here the writer gets evidence from conversations and depictions shown directly by a character named Colin. Not only comes from conversations but from the beginning of the film, it has been given a clue that Colin is indeed a Narcissistic Personality Disorder sufferer.

Dr. Ross : Mr. Chairman, if I could have just a moment?

Mr. Chairman : Go ahead

Dr. Ross : you see, I did my homework on this man. And I can tell you with confidence that he's actually quite a good liar. That fight that got out of hand, that was actually Mr. Evans flying into a murderous rage because of how the victim was looking at his girlfriend. And as the younger man, there were other acts of violence, frequently involving the attentions of a woman. Mr. Evans fits the criteria of a malignant narcissist. Charming, highly intelligent, as you've witnessed, but malignant narcissist are compelled to prove their superiority. Everything's seduction, and if they're rejected, or things don't go their way, they lose control. Some other more well-known malignant narcissist were...
(scene 00:04:02 – 00:04:59)

From the conversation above, the sentence "you see, I did my homework on this man" shows that Dr. Ross is an observer who studies and investigates Colin's behavior and character. Dr. Ross explains that a person with narcissistic disorder tends to speak sweetly and seduce to achieve something he wants. However, if his wishes are not fulfilled for people with narcissistic disorder will explode and reject his failure. In the film *No Good Deed*, a Narcissistic Personality Disorder sufferer like Colin can be seen from the way he speaks. The writer will provide evidence by showing dialogues that show Narcissistic Personality Disorder in Colin found in this film:



Colin : Hey!
 (DOOR SLAMS)
 Alexis : Colin!
 Colin : you didn't give me a chance! Huh?
 Alexis : you murdered a man!
 Colin : it's manslaughter in the eye of the law. It's very, very different.
 Alexis : and those girls? What about them?
 Colin : does he even know about me? Huh?
 (SLAP)
 Colin : do you love him? Huh? Do you love him?
 Alexis : leave me alone!
 Colin : just tell me. Just tell me!
 Alexis : LEAVE ME ALONE!
 Colin : just answer the question!
 (scene 00:18:06 - 00:18:40)

From the above conversation between Colin and Alexis, we can see the narcissistic disorder that Colin is addressing. Colin says "you didn't give me a chance! Huh?" showing that this is the side of narcissistic disorder where a narcissistic person rejects things that are not in accordance with his wishes. a narcissistic person will rebel if his wishes are not fulfilled. and the conversation also shows Colin forcing Alexis continuously to answer questions asked by Alexis.

Colin : How did you to meet?
 (SIGHS LAUGHS)
 Meg : where do we start?
 Terry : College BFFs.
 Meg : yeah, we've known each other and we go so far back.
 (DISTORTED ECHOING)
 Meg : and don't let this one fool you.
 Terry : I wasn't always the wild one of the pair.
 (CONVERSATION FADES AND DISTOTRS)
 (BOTH LAUGHING)
 Meg : it's true. It's shocking right? This one, the wild one. It's surprising, right?
 Colin : no, not really.
 (scene 00:41:46 - 00:42:20)

From the conversation and the statement above, it can be seen the side of narcissistic disorder aimed at Colin. Unlike the narcissistic disorder side previously described, the narcissistic disorder side shown by Colin was when Colin asked Terry and Meg about how they both met but when Meg and Terry

answered him and after that they both talked and reminisced together about the meeting between the two of them but what Colin felt and saw was that they were only cool together and Colin ignored the conversation at all the two of them.

When Meg asked Colin about Terry, Colin answered briefly because Colin ignored their conversation so they were stunned to hear Colin's answer. In this part of the conversation, it can be concluded that a narcissistic disorder only wants to be the center of attention and wants the people around him to only focus on him.

Meg : Hey, Colin. You're so full of shit.
 Colin : What?
 Meg : I said, "You're so full of shit. Terry is my best friend. I know everything about her, and she knows everything about me. So, there's no way she would ever have an affair and not tell me. It doesn't add up. And, you know what else doesn't add up? You don't add up. And I'm going to find out exactly what's going on. Hey, Terry! Terry!"
 Colin : Hey!
 (COLIN HIT MEG WITH A BIG SHOVEL)
 (scene 00:46:49 - 00:47:26)

From the conversation between Colin and Meg in the warehouse, Meg says "You're so full of shit" because there is something that Colin didn't wear to Meg about the friendly relationship between Meg and Terry so Meg said it to Colin. and as Meg went to see Terry and confirmed what Colin had said to her, suddenly Colin hit Meg with a big shovel and hit Meg in the head. here can be seen the narcissistic side of Colin's disorder, namely Colin tried to deceive Meg but because Meg did not believe what he said and resulted in Colin killing Meg. This includes the side of narcissistic disorder where the sufferer does not accept his talk is not trusted by others.

Terry Struggle Against to Save Her Life from Psychopathic Prisoners that Has Narcissistic Personality Disorder (NPD)

Terry is a female character who is the target of manipulation and violence by Colin, who has Narcissistic Personality Disorder. Initially,

Terry gets caught up in Colin's manipulative games. She becomes suspicious of Colin's suspicious behavior and begins to find out more about him. Terry doesn't believe everything Colin says, and she tries to find evidence to support her disbelief. When the situation gets worse and Terry realizes that Colin is a dangerous psychopath, she doesn't give up. Terry uses intelligence and courage to fight Colin. She tries to evade and trick Colin, attempting to seize every available opportunity to escape. Terry also tries to utilize the people around her to help save her. She communicates with others secretly, gives clues about her situation, and seeks help from people she trusts

In addition, Terry also showed incredible mental and physical strength. She did not give in to the fear and trauma she experienced, but instead used resilience and courage to fight Colin.

CONCLUSION

"*No Good Deed*" tells the story of Colin, who is released on parole after five years for murder. Despite his rehabilitation efforts, the parole board member, Doctor Ross, claims that Colin is a psychopath. Ross shows evidence of Colin's alleged violence and Narcissistic Personality Disorder (NPD). Denying his rehabilitation, Colin kills a guard and his girlfriend, Alexis.

Injured, Colin sought help at Terry's house. Terry, unaware of Colin's past, takes him in. As they bond, Colin's Narcissistic Personality Disorder (NPD) relapses when Terry's friend Meg questions his motives. Colin attacks Meg, which illustrates the unpredictable character of his disorder.

Narcissistic Personality Disorder (NPD) is a mental condition characterized by self-centeredness. Colin's Narcissistic Personality Disorder (NPD) is evident in his interactions with Alexis and Terry. His explosions and rejection to accept unfulfilled desires show his narcissistic tendencies. Dr. Ross' analysis reveals Colin's manipulative behavior, a common feature of Narcissistic Personality Disorder (NPD). Colin's conversations with

Terry and Meg highlight his selfishness and indifference to others' feelings. Colin's Narcissistic Personality Disorder (NPD) causes him to lash out when he feels ignored or disrespected.

The film effectively portrays the complexity of Narcissistic Personality Disorder (NPD), showcasing Colin's charm and instability. Through Colin's actions and Dr. Ross' analysis, "*No Good Deed*" offers a nuanced portrayal of Narcissistic Personality Disorder (NPD).

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